



Soccer Rules

1. Ball

Size 3 - Pre-K to First Grade

Size 4 - Second to Fifth Grade

2. Number of players

Pre-K and Kindergarten should play with 4 on each side. No goalie is to be used.

First-Third Grade may use as few as 5 but no more than 7, including the goalie.

Fourth - Fifth Grade may use as few as 7 but no more than 9, including the goalie. The outdoor fields are giant, but we want the kids to learn to play their area and not swarm.

3. Equipment

Footwear ~ Tennis shoes or soft-cleat soccer shoes must be worn.

Mandatory for all ages at all games ~ Team Jersey/Shorts/Socks and shin guards must be worn or player will not play. Socks must cover shin guard. Shin guard must fit properly just below the knee.

4. Referee

Pre-K, Kindergarten, ~ One coach from each team will be on the field as an official.

1st - 5th grade will have a officials who will freely use his yellow and red card on players, coaches, and even parents.

Officials officiate. Coaches coach. Players play. Parents cheer.

NO ONE is allowed to shout at or question the official during the game. You may speak to the official during the half or after the game.

NO ONE is allowed to give the officials a hard time. If there is a problem, speak with Kenny Bonnett Jr or the on site JETS representative.

5. Coach

Only Pre-k & Kindergarten coaches are allowed on the field during games. No one is allowed near the goalie. Only one coach is allowed to give instructions to the players on the field. Continuous coaching from the side lines is not allowed.

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Soccer Rules

6. Duration of Games

Pre-K –Third Grade ~ Two 15 min halves. 2 minute break half.

Fourth - Fifth Grade ~ Two 20 minute halves. 5 minute break at half.

* All games have a running clock. It stops for nothing *

7. Start of Play

4th Grade and up~ All teams come to the center for instructions from the official. They shake hands before the game begins.

1st Grade and up~ Referee calls Captains to determine who gets the ball first.

Opponents must be outside the center circle while kick-off is in progress. Ball must make one rotation forward. Ball cannot score from opening kick. Ball must be a pass. Initial kicker may not touch the ball a second time until another player has touched it.

8. Substitutions

Substitutions will be allowed during **your** throw-in and when a goal kick is awarded.

You may not substitute during your opponents' throw-in. Substitutes need to be at mid-field line to signal for substitution. You may also substitute between halves or if an injury occurs.

9. Off Sides

This rule pertains to fourth and fifth grades.

A player is considered offside if they are past the last defender and a teammate passes that player the ball. If the player without the ball is past the last defender and a teammate does NOT pass them the ball, they are not offside. If the player without the ball is EVEN with the defender, they are not offsides. Note: The official will make the call using the advantage rule. If the team is not gaining any advantage by having a player in an offside position, the referee has the right to overlook that player and let the game resume.

Younger teams are encouraged to spread out as much as possible.

10. Fouls and misconduct

Ball is not to touch the hand or any part of the arm (except by the goalie inside the box). Goalie is to be left alone when he has the ball in his hands.

When the goalie handles the ball he is only allowed 6 seconds before it is to be released.





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11. Dangerous play

There will be no slide tackling, slide kicks or playing the ball while the player is on the ground. A player may not kick in a manner that will endanger another player. There will be no pushing or throwing of elbows. No high kicks.

Parents arguing with the official, or a coach, is considered dangerous play.

12. Throw-in

The player throwing the ball must keep both feet on the ground and the ball must come from behind the head and release at the point over the head. Second grade and up we will allow the other team the ball if thrown incorrectly. Younger teams will repeat throw-ins but no more than two.

A goal may not be scored directly from a throw-in unless touched by another player first. The person who threw the ball may not touch the ball again until another player touches it.

13. Goal Kick

A goal kick restarts the game after the ball entirely crosses the goal line outside the goal posts, and is last touched by the offence.

Kick is taken from any point inside the goal area

NO ONE may touch the ball until it entirely crosses the line of the goal box.

14. Corner Kick

A corner kick restarts the game after the ball entirely crosses the goal line outside the goal posts and is last touched by a defender. The ball is placed inside the corner arc. Defenders must be at least five yards away from the ball. The ball may go directly into the goal on this kick. The ball only has to be touched to be in play...Not a full rotation.

15. Indirect Free Kick

This kick is done during the kick-off, goal kick, offsides violations, goalie handling the ball outside the goal box, when a player throws the ball into the goal or to himself, obstruction and/or swarming. When this kick is awarded, the ball may not go directly into the goal before it is touched by another player (offense or defense).

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16. Direct Free Kick

This is done for all other situations of foul or misconduct. These are hand balls, pushing... **It may also be awarded if a player, coach, or parent is carded by the official.** The ball may go directly into the goal on this kick.

17. Penalty Free Kick

This is done for fouls and misconduct that would normally receive a direct free kick. This happens when the conduct takes place within the goal box by a defending player. All the players are cleared out of the box except for an offensive kicker and the goalie. The goalie may not leave the goal line until the ball is kicked. If he does this and stops the goal, another kick is awarded. If an offensive player enters the box and the goal is scored, the shot will be retaken. If a defender enters the box and the shot is not made, it will be retaken.

18. Drop Ball

When the referee has an interruption in the game and no team is to blame, a drop ball is given. Two players will face each other with enough room for the ball to be dropped in between them. The ball must hit the ground before it is played.

19. Score Keeper

Score keeping is done for the pleasure of the players. Keep track of which child scored and if possible which child assisted in the score. If you are really talented you can keep track of who saved your team from being scored against. Give this information to the coach immediately after the game. Kids not only love to hear this stuff, but it will help them learn and try even harder next time.

20. Uniforms

Your child must wear his/her entire uniform in order to play. **DO NOT PUT UNIFORM'S IN THE DRYER!** Let them hang dry if you'd like them to stay looking nice.

Kids grow. Different companies make clothes different sizes. We know both of these facts. If your child's uniform doesn't fit, ask other parents if you can trade. By the time a re-order would arrive, the season would be over

21. Parents and players

are to be on opposite sides of the field. Only the Coach, and Assistant Coach are to be on their teams side of the field.





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22. Yellow Cards

A yellow card does not mean the player is bad. It is simply a reminder that an important rule has been broken. It is there to protect all players, even the one receiving a yellow card.

23. Red Cards

A red card can come out for one of three reasons:

- a) The player intentionally did something wrong such as repeated a yellow card offence. Used improper language toward another player or even toward themselves. Physically threatened another player. Talked back to either the official or the coach.
- b) The player did something which greatly endangered another player.
- c) A parent spoke inappropriately to the official, the coach, another parent, or a player.
- d) A parent continued to coach from the side lines after being warned.

Red cards result in the player being set out for the remainder of the game or until that time the head official deems is satisfactory to return. A parent receiving a red card must leave the premises. If they chose not to that parent's child will be pulled from the game. If the behavior continues that parent and their child will be dismissed from the league. If a parent receives more than one red card in the entire season that parent is not allowed to return to any Dreadhead Sports games or practices.

*Director of Dreadhead Sports has final say on all red card suspensions. An incident report must be filed by the official immediately following the game.

Pre-k & Kindergarten

1. Only one coach from each team is allowed on the field.
2. No rough play. No pushing. No name calling.
3. Stop when the ball goes out of bounds.
4. Teach them to stop right away when they hear the whistle. Practice that a lot.
5. Player may throw or kick the ball back into the game.
6. Players may not stand directly in front of their goal and wait to block the ball. (Camping out)
7. Coaches should never stop a child by grabbing their arm.
8. Parents need to be on the opposite side of the field from the team.

