



TRACK & FIELD

Go Green by Signing up and Paying On-line By September 21, 2009 or Download, Print & Mail the registration form with payment. sports@dreadhead.com • www.dreadhead.com • 407-839-3200
REGISTRATION FORMS ARE NOT TO BE TURNED IN TO YOUR SCHOOL.



TRACK & FIELD INFORMATION

Dreadhead's Track & Field program is centered on providing friendly competition to elementary schools in the Central Florida area. We will provide a fun & friendly atmosphere where your child will be motivated to run and compete week after week. Dreadhead Sports will provide 7 scheduled meets where your child will compete in various events, a track uniform with your school colors and mascot name, 5 ribbons every meet and a parent/coach volunteer from your school. The ultimate goal is to create a love of running among our youth. It is within this newfound love that we hope to develop positive habits that will carry forward into our children's adolescent and adult lives to build a stronger and more fit community.



AGES: PreK-5th Grade

LOCATION: Trinity Preparatory School
5700 Trinity Prep Lane • Winter Park, FL 32792

TIMES: Times are approximate and may change depending on enrollment.

- 3rd - 5th Grade - 9am-11am
- 1st & 2nd Grade - 11am-12:30pm
- Pre-K & K - 12:30pm-1:30pm

EVENTS: Your child picks any 5 events to participate in each Saturday.

- 3rd - 5th Grades: 800, 400, 200, 100, 50, 100 Hurdles, 50 Hurdles, 200 Relay (2 runners), Running Long Jump, Standing Long Jump, Vertical Jump, Ball Throw
- 1st & 2nd Grades: 400, 200, 100, 50, 100 Hurdles, 50 Hurdles, 200 Relay (2 runners), Running Long Jump, Standing Long Jump, Vertical Jump, Ball Throw
- Pre-K & K Grades: 100, 50, 25, 100 Hurdles, 50 Hurdles, Running Long Jump, Standing Long Jump, Vertical Jump, Ball Throw

REGISTRATION FEE: \$140 - Includes: 7 Scheduled Meets, Uniform, Additional Insurance, Ribbons, practice with your school's parent/coach. All registrations after the deadline date will include a \$40 late fee. There is no guarantee your uniform will arrive by the 1st track meet when you sign up late. No refunds after deadline date. No reschedule dates or times due to bad weather or acts of God. Should Dreadhead Sports determine a player not be able to participate due to lack of a coach or too few players, a full refund will be sent before first meet.

PRACTICE: Once a week practices will be held after school starting the week before your 1st track meet. Schools without facilities may practice on fields near school. Your coach, not Dreadhead Sports, will have all practice information and will decide on practice days and location. Parents call or email us if you haven't heard from a coach by September 28th.

COACHES: Our coaches are great parents who volunteer to help your children get to the next level. We provide coaches with equipment and training at our coaches clinic which is held at Trinity Prep 10am-12pm on September 26 (Coaches only please, no children). We will provide each coach with drills, equipment, handbook, coaches shirt and motivation to get your children running. To be a coach only requires one hour per week and time on the weekend during the events. What a great way to bond with your own child.

WHAT TO BRING: Your child must wear their uniform to each meet. Don't forget appropriate sneakers and water bottle.

COMMUNICATION: You will periodically receive emails from sports@dreadhead.com; make sure you add us to your accepted email list.

2009 TRACK & FIELD SCHEDULE

Deadline Registration	September 21
Coaches Meeting	September 26
Meet 1	October 3
Meet 2	October 10
Meet 3	October 17
Meet 4	October 24
Meet 5	October 31
Meet 6	November 7
Meet 7	November 14

*Dates may be subject to change.

"Creating smiles for today, athletes for tomorrow and knowledge of the game for a lifetime."